



## Mopping

### What you need:

Mop (or an old towel)	Water
Bucket	Cleaning detergent (specific to floors)

### Steps:

1. Place water in your bucket
  - Use hot water for heavily soiled floors, or warm water for lighter soiled floors
  - Make sure that the bucket is safe for you to carry hot water in around your home
2. Add in a small amount of cleaner that is appropriate for use on your floors' surfaces
3. Dip your mop in the bucket and then wring/squeeze out any excess water (the mop needs to be wet but not dripping)
  - Use a mop that is clean and effective
  - You could use an old towel if you don't have a mop
4. Starting in one corner of the room, move the mop around over the area you want cleaned with some pressure to pick up the dirt. When you have covered a small area (4-6 mops across the floor in a zig-zag pattern), or when the mop looks dirty, dip and wring the mop again and move on to the next area.
5. Try not to walk on the floor until it is dry
6. You can use an old towel (one that needs washing) to dry the floor to keep you and your family safe from slips.
7. Tip the dirty water down the drain.