

Planning a Trip

What to think about



WELLBEING

Things to help you in preparing for an appointment, work, catching up with a friend, volunteering, going to school, TAFE or a community course.

Know how long you take to wake up and set your alarm to allow at least half an hour to get ready. There are things you can do the night before that will help you get ready to be able to leave on time and have a successful day.

To plan your trip/journey visit:

- www.adelaidemetro.com.au
- <http://linksa.com.au/>
 - Trams run **free** from South Terrace Adelaide to the Entertainment Centre and back.
 - Also from Brighton Road to Mosely Square and back.
 - The Adelaide connector Bus is a free city bus from City to North Adelaide and back - Look up Adelaide City Connector

TAXI

Book a taxi from anywhere with a **FREE Smartphone App**, It is easy and convenient, a cost of a phone call or internet/Wi-Fi. It gives you a rough time of how long the taxi will be and will let you know when it is close to your pick up destination.

COMMUNITY BUSES

Most councils have a community bus which helps residents who have no access to other means of transport to go to their nearest shopping centre, community centre, library and seniors clubs. Services are available for frail, aged, isolated, people with disability and transport disadvantaged. Call your local council to enquire.

Getting Your License

- Practice getting YOUR LICENSE - www.mylicence.sa.gov.au/
- GET YOUR LICENSE Course - www.heta.com.au/learnerdriver
- Register for a FREE driving lesson - www.keys2drive.com.au/Default.aspx